

Monthly Meals for Pre Order

ORDER BEFORE
09H00 SAME DAY
PICK UP FROM
15H00 - 18H00

1 *Wednesday*

SPAGHETTI
BOLOGNAISE WITH 1
VEG AND 1 SALAD

2 *Thursday*

SWEET & SOUR CHICKEN
WITH BASMATI RICE
AND 2 VEGGIES

3 *Friday*

BOEREWORS WITH
PAPTERT, CARROT
SALAD AND GREEN
SALAD

4 *Saturday*

CURRY MINCE
& RICE

5 *Sunday*

SUNDAY BUFFET
09H30 - 14H00

Monthly Meals for Pre Order

ORDER BEFORE
09H00 SAME DAY
PICK UP FROM
15H00 - 18H00

6 *Monday*

HONEY &
GARLIC
ROASTED
CHICKEN,
RICE WITH
VEG IN
SEASON

7 *Tuesday*

BEEF &
BUTTERNUT
LASAGNA
WITH SALADS

8 *Wednesday*

APRICOT
PORK
GOULASH
WITH RICE
AND
ROASTED
VEGGIES

9 *Thursday*

CHICKEN
KEBAB ON
COUS-COUS
WITH
GREENBEANS &
POTATO SALAD

10 *Friday*

HOMEMADE
MEATLOAF WITH
MASH, SWEET CARROTS
AND GREENPEAS

11 *Saturday*

CURRY MINCE
& RICE

12 *Sunday*

SUNDAY BUFFET
09H30 - 14H00

Monthly Meals for Pre Order

ORDER BEFORE
09H00 SAME DAY
PICK UP FROM
15H00 - 18H00

13 *Monday*

PASTA
ALFREDO
WITH
CHICKEN AND
BACON,
COCKTAIL
ROLL &
SALAD

14 *Tuesday*

COTTAGE PIE
SERVED WITH
SALAD OF
THE DAY
AND
SWEETCORN
FRITTER

15 *Wednesday*

BEEF
CASSEROLE
ON MAIZE
RICE
WITH SWEET
PUMKIN
AND CREAM
SPINACH

16 *Thursday*

PASTA
ALFREDO
WITH
CHICKEN AND
BACON,
COCKTAIL
ROLL &
SALAD

17 *Friday*

PORK BANGERS WITH
MASH & GRAVY
MIX VEGGIES AND
CARROT SALAD

18 *Saturday*

CURRY MINCE
& RICE

19 *Sunday*

SUNDAY BUFFET
09H30 - 14H00

Monthly Meals for Pre Order

ORDER BEFORE
09H00 SAME DAY
PICK UP FROM
15H00 - 18H00

20 Monday

BUTTER
CHICKEN
WITH RICE
PUMPKIN
FRITTER
AND GREEN
VEGGIES

21 Tuesday

BATTERED
HAKE
PORTION
WITH
SAVOURY
RICE &
VEG OF THE
DAY

22 Wednesday

CHICKEN
FILLET &
BACON/CHEE
SE
ON RICE WITH
BROCCOLISA
LAD / VEG

23 Thursday

BEEF
STROGANOFF
ON LINT
NOODLES
AND VEGGIES

24 Friday

PORK BRAAI CHOPS
PAPTERT
RUSTIC CUCUMBER
& TOMATO SALAD

25 Saturday

CURRY MINCE
& RICE

26 Sunday

SUNDAY BUFFET
09H30 - 14H00

Monthly Meals for Pre Order

ORDER BEFORE
09H00 SAME DAY
PICK UP FROM
15H00 - 18H00

27 Monday

ITALIAN NAPOLITANA
MEATBALLS WITH
SALAD AND 1 X VEG

28 Tuesday

HONEY AND MUSTARD
ROAST CHICKEN WITH RICE
AND VEG IN SEASON

29 Wednesday

BEEF STEW WITH
RICE SERVED
WITH GEMSQUASH AND
SAVOURY CARROTS

30 Thursday

SAUCY CHICKEN FILLET
WITH RICE, MIX VEG AND
CREAM SPINACH FETA