

MONTHLY MEALS

VALID FROM 5 MAY 2025

Book & Pay for the full month in Advance and get the benefit of Saving.

- Booking is essential / Book 24hrs before the first day of a new month.
- Meals NOT collected on the due date cannot be advanced but can be re-refrigerated for collection the NEXT DAY.
- Menu Options may change without prior notice due to availability.

How to Order:

Place your order on our WHATSAPP LINE 082 897 5655

How to Pay for your Order:

EFT with Reference Name & Surname

Cash or Card

NEDBANK

CHECQUE ACC

ACC NO: 1517047293

MAGRIET SE KOMBUIS

ONLY R82.00 PER PLATE (MONTHLY MEALS ONLY)



MAY 2025

WEEK 1 5 - 9 MAY

5 MAY	6 MAY	7 MAY	8 MAY	9 MAY
CHICKEN & SPINACH LASAGNA SWEET CARROTS SALAD	TENDERISED STEAK MASHED POTATOES SERVED WITH COUNTRY VEG	CHICKEN CURRY WITH BASMATI RICE CREAMED SPINACH SWEET PUMPKIN SLICES	SPAGHETTI BOLOGNAISE SWEET POTATO WITH GINGER CHEESY MUSHROOM & BABY MARROW	BOEREWORS IN RELISH WITH MIELIEPAPPERT AND A SALAD

WEEK 1 12 - 16 MAY

12 MAY	13 MAY	14 MAY	15 MAY	16 MAY
CHICKEN SOSATIE SAVOURY RICE VEGGIE BAKE PASTA SALAD	POTATO SPUD TOPPED WITH SAVOURY MINCE MIXED VEGGIES & CABBAGE SALAD	SWEET & SOUR PORK WITH RICE CAULIFLOWER BAKE AND SWEET CARROTS	NAPOLITANA MEATBALLS WITH WITH MASH SWEET PEAS AND ROAST VEGGIES	TUNA PASTA BAKE SWEET BUTTERNUT GREEN SALAD

WEEK 1 19 - 23 MAY

19 MAY	20 MAY	21 MAY	22 MAY	23 MAY
CHUTNEY CHICKEN WITH RICE HALF GEMS = BUTTER & SUGAR SAVOURY CARROTS	BEEF POTJIE WITH SAMP CREAM SPINACH SWEET POTATO FRITTERS	CHICKEN SCHNITZEL SERVED WITH BUTTERED POTATOES. GREENBEANS & FETA SWEET CARROTS	PENNE PASTA ALFREDO WITH STIRFRY VEGGIES	FILLED MINCE PANCAKES WITH CHEESE SAUCE AND PASTA GREEN SALAD

WEEK 1 26 - 30 MAY

26 MAY	27 MAY	28 MAY	29 MAY	30 MAY
CHICKEN STIRFRY WITH NOODLES GEMS SQUASH SWEET POTATO	BOBOTIE WITH YELLOW RICE GRILLED BABY MARROW SWEET CARROTS	CHICKEN PIE WITH RICE SWEET PUMPKIN SLICES AND SPINACH	BEEF COTTAGE PIE SERVED WITH GRILLED CORN & MUSHROOMS COUNTRY VEG	GRILLED CHICKEN SCHNITZEL WIT RICE & STIRFRY VEG BUTTERNUT BAKE